

## *Channel Islands Racing and Hunt Club*

Dear Doctor,

The Channel Islands Racing and Hunt Club, who authorise and supervise horse racing in the Channel Islands, are introducing a medical questionnaire to encourage the safety of the sport. Riders, who may be your patients, are being asked to arrange for their General Practitioners to complete a form, which may be used by the medical officer of the club to issue or refuse to issue a licence to ride in races.

Please would you pay attention to the following, which could affect the safety of the rider, his/her colleagues, officials of the public at large.

A – Diabetes – not necessarily an exclusion but knowledge of idd or nidd with details is required. Frequency of hypoglycaemia, whether it is nocturnal and willingness to submit to rbs before and after races is mandatory.

B – Epilepsy – not necessarily an exclusion if well controlled on medication or if only nocturnal.

C – A history of serious injury including spinal or cerebral. Again, not necessarily an exclusion. History of any known posttraumatic myo-clonic spasms including duration and recurrence.

D – Any relevant cardiac condition, including h/o congenital / vascular / conduction defects.

E – Any other condition, which you feel may place the applicant, his/her fellow riders, officials or members of the public at risk.

F – Any history of alcohol or substance abuse and sequelae – not necessarily an exclusion.

Please note that and fee incurred in connection with the issue of this certificate is the sole responsibility of the applicant and the Channel Islands Racing and Hunt Club will only be liable for fees if and when it requests further advice from you.

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Name of Applicant:

Has he/she been a patient of your for at least three years? YES/NO

A negative response will no necessarily lead to the refusal of a license.

Has the applicant ever suffered from?

Diabetes YES/NO

Epilepsy YES/NO

Myo-clonic spasm

YES/NO

Serious injury including skeletal or brain, involving fits or neurological deficit

YES/NO

Any medical or psychological illness which could endanger fellow riders, officials of the Channel Islands Racing and Hunt Club, or the public at large. Please use the space below to give further information, or supply a separate report.

Date and result of any urinalysis or blood sugar.

Date and result of most recent blood pressure reading.

Any currently prescribed medication.

Thank you for your assistance.

Honorary Medical Officer to the Channel Islands Racing and Hunt Club.

Signature of Medical Practitioner..... Please stamp.

When completed, please return this form to the applicant.